MAR 4 / 6 2016

# Tasmanian Middle Eastern Dance Festival 2016

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Welcome to the Tasmanian Middle Eastern Dance Festival!

Join us on March 4 to 6, 2016 for a weekend of workshops and networking. There will also two evening events with fabulous performances to be enjoyed.

After a two year break, Zahira is excited to bring back Tas MED Fest—Tasmania's only Middle Eastern Dance Festival. There'll be a few changes plus more of what you already love at Tas MED Fest.

The festival will be held in Launceston (north Tasmania), close to the CBD. The Launceston airport is only a 20—30 minute drive from there..

The festival will be held earlier in the year than usual to coincide with the amazing Caroline Evanoff's visit to Australia. Caroline will be our guest teacher, instructing attendees on the latest techniques from Cairo. There's also a variety of other dance workshops to be enjoyed—from Turkish style to Dark Fusion, Ghawazee, Dubstep, Beledi and more.

See you at Tas MED Fest!







## Caroline Evanoff

Caroline has been performing in Egypt as a fully licenced dancer since 1998. She performs at five star venues as well as weddings and television. Appearances. She moved to Egypt to study with great master teachers such as Raqia Hassan, Mahmoud Reda, Aida Nour, Dandesh, Ibrahim Akef and more. She has performed under contract in India, Bahrain, Qatar, UAE and on Mediterranean cruises. She teaches at the annual Ahlan Wa Sahlan festival in Cairo, as well as other festivals overseas.

Caroline is known for her pure Egyptian style choreographies because of her deep understanding of the language, music and feelings.



# **Kylie Astarte Morrison**

Kylie has been studying traditional Middle Eastern Dance since 1996 and Tribal belly dance (ATS and fusion) since 2005. Kylie brings over 20 years experience as a perpetual student, professional troupe dancer, soloist and teacher to her own classes and is a regular presenter at belly dance festivals and events around Australia.



#### **Johara**

Johara is an established performer within the Arabic, Turkish and Persian communities. She has a wealth of knowledge having studied with Sydney-based teachers Paivi Mielikäinen, Amera Eid and currently with Jrisi Jusakos. Always in search of new knowledge to better her performance and teaching, she keeps up to date with the latest trends in Egypt.



# Virginia Keft-Kennedy

Virginia is the director and principal of Cinnamon Twist Belly Dance, the Illawarra's largest centre for the study of traditional Middle Eastern dance and contemporary belly dance. An experienced and dynamic performer Virginia is well known for her charismatic stage presence and down to earth teaching style.



#### Elisa Jade

Based in Melbourne, Elisa has trained and performed across Australia and in America, Turkey and Egypt. A personal trainer and aerobics instructor, Elisa is inspired by new theories and techniques in fitness which can be applied to dance. She is passionate about belly dance, with a contagious energy for sharing the beauty of this ancient art form.



#### Alia

Alia is a professional Belly Dancer and has worked all over the world, especially in Egypt. She has almost 30 years of dance and teaching experience and brings with her a wealth of information. In Melbourne, Alia performs at restaurants, weddings and functions, both in the cabaret and folkloric styles.



# **Ruth Casper**

Ruth attended her first dance class as a 4 year old and was immediately hooked for life. She fell in love with Belly Dance in the late 90s and founded Heart Bellydance in 2012. Her teaching style nurtures individual expression and musicality through a holistic blend of the technical and the sensual.



# Tara—The Lady Sheba

Tara has been dance training since the age of 4 In a variety of disciplines and has been performing / teaching belly dance since 2006. She believes in empowering women by teaching them the bodily language of feminine beauty and ultimately, the power of self respect.



# **Barbara Wolfkamp**

Barbara has been dancing and teaching for over 20 years. She is well versed in all aspects of Oriental and Modern Egyptian dance, the use of props, as well as having a vast knowledge and understanding of the various folklore dances from the Middle East. Barbara is a regular teacher at Tas MED Fest.



#### Zabelle

Zabelle is a highly respected and sought after teacher for traditional and contemporary workshops. Hers is a unique, elegant style. She loves everything about being a belly dancer! She focuses her skills to enthusiastic classes and is dedicated to delivering an enthusiastic and encouraging class atmosphere.



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# 9am—11am Saturday March 5th, 2016

# Beledi with Alia @ Classique Studio

\$40

Alia takes attendees through the traditional dances of Egypt from the North down to the South on an epic journey. Includes using the Assaya (cane), a look at the different regional costumes as well as a cute Beledi choreography

#### Classical Persian Dance with Zahraa @ Tasdance Studio

\$40

A soft and beautiful dance using a beautiful song from Iran. This dance uses many of the classical moves found in Persian dance and has a lovely flow and emotion to it. Perfect for hands and arms and for those with a romantic twist. This dance has a different feel and emotion to a normal tagsim

# 9:30 am—11am Saturday March 5th,

### Baila Mamita with Tara—the Lady Sheba @ Pilgrim Church Hall

\$30

'Baila Mamita' means dancing momma. This is a fun, upbeat and exciting choreography by Lady Tara DePaolo - with a spicy hot Latin twist. Packed with technique that Lady Tara will breakdown from had to toe, including a mini drum section. Come get caliente and dance!

# 11:30 am—1:30pm Saturday March 5th

#### Kariet el fingan with Caroline Evanoff @ Tasdance Studio

\$70

Caroline will teach a choreography to Kariet el fingan, a classic Abd el Halim song. Every dancer needs some Abd el Halim songs in their repertoire. Come and explore its abundant layers, textures and embellishments. Be prepared to fall in love with this dance - a routine that will delight your audience.

## Five Principal Points of Moving in Dance with Zabelle @ Classique

\$40

This topic is one to create thoughtful and grounding images for the experienced dancer and a base for the beginner. This workshop will open the door to dance movements we use all the time. Zabelle will explain the points and then show simple techniques to improve those movements in belly dance with the aim that the greater understanding will leave participants moving with natural confidence. We will experiment with belly dance combinations during the session with an opportunity for veils to utilize new tools

Bring: veil



# 11:30 am—1:30pm Saturday March 5th

#### Sword Seduction with Kylie Astarte Morrison @ Pilgrim Church Hall

\$40

Sword dance is the perfect balance of masculine and feminine; the hardness of the steel representing the masculine, the sensual curve of the blade representing the feminine. This workshop explores both of these elements through combining strong posture and poses, with graceful lines and flowing movement. Participants will learn a series of sword combinations that flow seamlessly from one to the other to use in choreography or improvisation. Bring: Sword

Note: Zen Ptah will also be there for dancers to ask about their swords

# 2:30—4:30pm Saturday March 5th

#### Modern Khlaeegy with Caroline Evanoff @ Tasdance Studio

\$70

Khaleegy is the dance of Arab Gulf region. You'll learn how the modern Khaleegy style differs from the traditional style in movements and costume. In the modern style, the thobe (dress) is different. Unlike the traditional style, you do not pick it up in your fingers and the length is normal. There is no need to bring a Khaleegy thobe to class. Caroline will teach a choreography to a catchy song with lots of opportunity to embrace your Khaleegy spirit.

## Dubstep / Bass Belly Dance with Tara @ Pilgrim Church Hall \$40

Suitable for all levels, this workshop breaks boundaries with a strong, liberating and sensual choreography to the reverberant beats of bass genre music. This music genre is, without doubt, boosting the popularity of belly dance across the globe with belly dancers appearing on stage with bass genre crews.

# 5:15 am—6:15pm Saturday March 5th

1970s Belly Dance: Feminism, Fitness, and the 'How-To' Phenomenon with Virginia

Windsor Pavilion \$20

Join Virginia in this forum based discussion on the rise of popularity of belly dance during the 1970s. In particular Virginia will discuss the phenomenon of the belly dance 'how-to' book and its fascinating relationship to the changing ideas about fitness culture as well as feminist ideas of women's liberation.

# 9:00 am—11:00am Sunday March 6th

#### Wicked Fascinations with Kylie Astarte Morrison @ Tasdance

\$40

Wicked Fascinations (2 hrs) Exploring the underbelly of theatrical belly dance fusion with a deliciously dark journey through archetypes from the mysterious to the macabre. Participants will explore the concept of body language and gesture to create unique, character specific combinations.

#### **Ghawazee with Johara @ St Ailbes**

\$40

Explore one of Egypt's earthy, relaxed and fun styles of folkloric dance. The Ghawazee, families of professional dancers and musicians, were once highly sought after as paid entertainers for village festivals and religious celebrations (moulids), private weddings and parties.

This workshop investigates the key elements of this dance including music, costuming and intrinsic movements.

We will then build on these movements by adding zills or stick (assaya) - or, for those up for a challenge, both at the same time!

We will create movement combinations and introduce group formations.

Bring: stick and zills



# 9:30 am—11:00am Sunday March 6th

#### Fine Tuning the Dancer's Body with Elisa Jade @ St Ailbes Hall

\$30

A mix of theory and the practical, this workshop will cover postural assessments as well as belly dance based exercises, strengthening, stretching and power exercises plus individually tailored instructions. This workshop will get you started on making your body feel great and your dancing more graceful and powerful.

# 11:30 am—1:30am Sunday March 6th

#### **Boshret Kheir Choreography with Caroline Evanoff @ Tasdance Studio**

\$70

Caroline will teach an upbeat choreography to Boshret Kheir (A Good Omen) by UAE singer Hussain Al Jassmi. Immerse yourself in Egyptian belly dance as Caroline breaks down each section in the through teaching manner she is well known for. Experience Caroline's distinctive dance style – fun, graceful and sometimes cheeky! This cheerful, lively number will be a hit with audiences.

## Soul, Swish and Romance with Ruth @ St Ailbe's Hall

\$40

Be seduced by the soulful earthy song 'Asaheb' by Alaa Abdel Khalek. A dance with swish & romance, character & spirit, light & shade. Easily adapted to your favourite style, be it oriental, gypsy skirt, folkloric, solo or group. Can be performed with or without zills. Bring: zills

# 2:30 pm—4:30pm Sunday March 6th

#### Secrets of Egyptian Dance with Caroline Evanoff @ Tasdance Studio

\$70

The secrets Egyptian dancers don't want you to know! Learn a range of rich, exciting Egyptian Belly Dance techniques. You'll be eager to add them to your routines straight away. Caroline will also explain the difference between Egyptian and foreign dancers and just what gives Egyptian dance, its own flavour and feel.

#### Modern Turkish Oryantal with Sass! with Virginia @ St Ailbe's Hall

\$40

Modern Turkish style brings old world Rom (Gypsy) together with the sass and flash of the modern. Turkish Oryantal is all about sinuous body undulations, crisp hip work, fluid upper and lower body isolations, showy turns, powerful shimmies – along with a good dose of attitude!

# support the magazine that supports the dance you love



Australia's only magazine dedicated to Middle Eastern Dance. Featuring articles on the many dance styles including Cabaret, Folkloric and Tribal. We conduct in-depth interviews with leading Australian and international dancers. The magazine is a platform for dancers in Australia to share their views, from seasoned professionals to new students.





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Join us on a journey through the dance styles and costumes across parts of north Africa.

This informal night will start with a series of film clips and a short talk by Johara, outlining the origins of the Ghawazee—who they are, their dance style and costuming.

Zahraa will then present a series of costumes, modelled by Murjanah and Johara. See each one up close, every element and layer as you hear the rich history behind each one. Enjoy a demonstration of the basic dance moves to develop a feel for the dances. You can even join in if you wish. Ask questions at any time or even give some input of your own.

The night will end with a light supper for you to enjoy while meeting other attendees of the festival or perusing the items for sale on the stalls.

Performances by local and interstate dancers: Zahraa and Murjanah, Alia, Miasma and Kylie Astarte Morrison.

Cost: \$22. Light supper included.

**Stall Holders**: Love the Look, selling bright and colourful every day clothing.

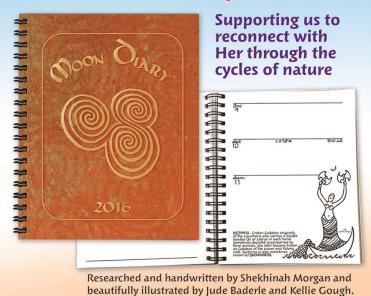
Zen Ptah, creators of high quality handcrafted Middle Eastern swords.

# Raqs al Warda Concert

March 5th, 8:00pm



# **Moon Diary 2016**



Have Lunar phase times and transits at your fingertips as well as ideas for nourishing the spirit and the body. Packed with rituals and Moon myths from many eras and cultures, this treasure will keep you inspired throughout the year ahead. Size 134 x 165mm, 136pp.

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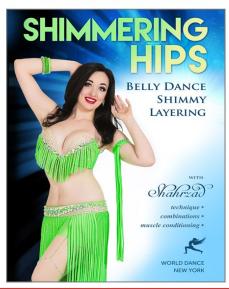
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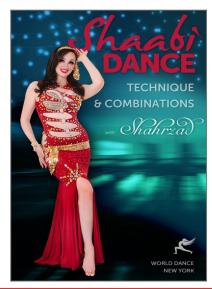


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# **Enrolment Form**

Name

**Email Address** 

Phone

# \$5 off the cost of each workshop if you enrol by Jan 5th, 2016

Beledia with Alia	\$40	
Classical Persian Dance with Zahraa	\$40	
Baila Mamita with Tara the Lady Sheba	\$30	
'Kariet el fingan' with Caroline Evanoff	\$70	
Five Principal Points with Zabelle	\$40	
Sword Seduction with Kylie	\$40	
Modern Khlaeegy with Caroline Evanoff	\$70	
Dubstep / Bass Belly Dance with Tara the Lady Sheba	\$40	
1970s Belly Dance with Virginia	\$20	
Wicked Fascinations with Kylie	\$40	
Ghawazee with Johara	\$40	
Fine Tuning the Dancer's Body with Elisa	\$30	
Boshret Kheir with Caroline	\$70	
Soul, Swish and Romance with Ruth	\$40	
Secrets of Egyptian Dance with Caroline	\$70	
Modern Turkish Oryantal with Virginia	\$40	0
The Maghreb and More	\$22 >	(qty)
Raqs Al Warda	\$25 x	c(qty)
	Total	
	Discount Total	
	Total Payment Owing	

# **Payments**

All workshop fees and venue tickets are strictly non-refundable unless workshop or event is cancelled by Zahira. By enrolling, you are agreeing to these terms. If you sell your spot to someone else, please let us know so as to avoid confusion at the workshop / event.

Class fees are for attending the workshop, whether you choose to sit and watch or dance.

Strictly no spectators. Children are not admitted to workshops unless they are paying students.

Please refrain from wearing tops with long belled sleeves in workshops as they restrict the view of the dancers behind you.

Payments are accepted by cheque / money order, Paypal and bank transfer.

**Cheque / money order:** please make out to *Zahira's Belly Dance Bazaar* and post to PO Box 239, Exeter, Tasmania. 7275.

Bank Transfer: Heritage Isle Credit Union

BSB: 807-001

Acct number: 8922

Account name: Cheeky Cherubs

You must use both the account name and number as Heritage Isle will reject payments that use only the number. Place your name as a reference.

**Paypal:** Contact Zahira via zahira1au@yahoo.com.au for Paypal details.

# **Venues**

**Tasdance Studio, 197 Wellington St**—no parking allowed at this venue but there is a Coles on the next block where you can park.

**Classique Dance Studio, 191 Brisbane St**— metered parking outside or the car park on the next block.

**Pilgrim Church Hall, 34 Paterson St**—metered parking outside venue or use the car park across the road.

**St Ailbe's Hall, 46 Margaret St**—free parking in streets surrounding venue.

Windsor Pavilion, Windsor Community Precinct, Riverside - free parking inside precinct.

The longest walk between workshop venues is 15 minutes which is why there are 30 minute breaks in 2016. The Windsor Pavilion is in another suburb. It is an inexpensive taxi ride from the CBD. Feel free to use the Tas MED Fest Facebook group if you prefer to find someone to car pool with or share the taxi ride.

## **About the Festival**

**Launceston:** A city in the north of Tasmania. You will need to get a flight to the Launceston airport. The airport is not far from Launceston. You can book the airport shuttle—\$18 one way / \$32 return.

Food: There are cafes, a Chinese restaurant, a food hall, supermarket and a convenience store close to the venues. You can even try the hospital café which is actually quite popular!

If you get lost at any stage, call Zahira on 0418 139 826.

**Accommodation:** There are many more than this but this will get you started.

Launceston Backpackers - 6334 2327

Mews Motel - 6331 2861

Alice's Cottages - 6334 2231

Adina Place Motel Apartments — 6331 6866

Fiona's Bed and Breakfast - 6334 5965

Treasure Island Caravan Park (they have cabins) - 6344 2600

Brickfields Terrace - 03 6331 0963

#### **Facbook Group**

Check out the Facebook group for up to date information. Feel free to post comments, find accommodations / travelling buddies and more. The Facebook group is there to be used by the Tasmanian Middle

Eastern Dance Festival community

www.facebook.com/groups/tasmedfest/

